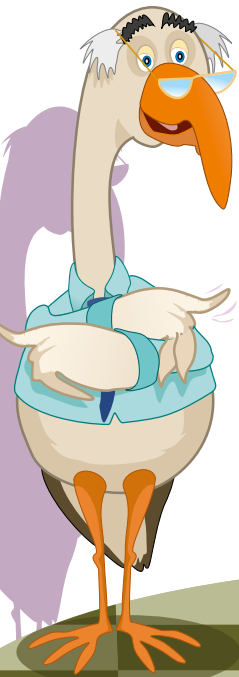


# A handwashing story





There is a bug called Coronavirus which can make people sick.

We can help to stop the bug by washing our hands more.

Washing our hands stops germs from spreading.



Washing our hands might take a bit longer to do. This is ok. The teacher will give us time.

We can sing 'Happy Birthday' twice. This is how long it should take us to wash our hands.



If I forget, my teacher will remind me to wash my hands.  
I can ask my teacher for more soap or towels if they have all gone.  
These stickers will help us remember.



# Washing hands in

# 7 Steps

We need to wash all the parts of our hands:

**Step 1**



First, we put water on our hands

**Step 2**



Then we put soap on

**Step 5**



We wash our thumbs

**Step 6**



Then we put water on our hands again and rinse them

It might feel strange to wash our hands a lot in school. That is ok – this is new for everyone.

Our teachers and the adults in school will help us to remember to wash our hands.

Step  
3



We rub our hands together

Step  
4



We wash all of our fingers,  
right to the top

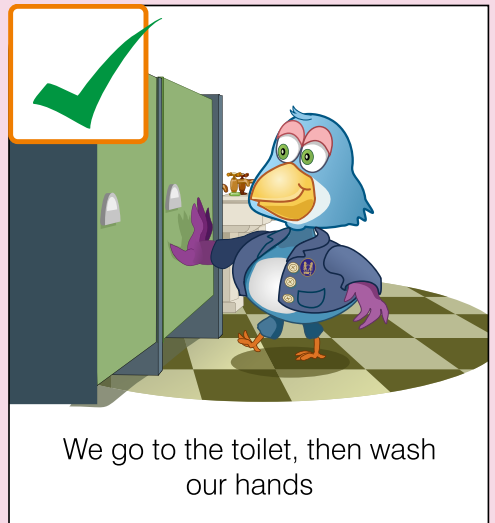
Step  
7



We dry our hands with a paper  
towel or cloth



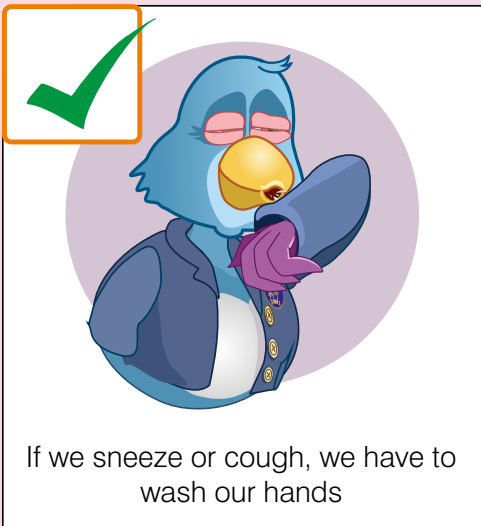
# When should you wash your hands?







Washing our hands will help us to stay clean and safe



Did you  
enjoy this  
story?





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